



Quick Facts About Lyme Disease

From *Beating Lyme Disease 2nd Edition:
Living the Good Life in Spite of Lyme*

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- Lyme Disease is initiated by a spiral-shaped bacteria (spirochete) called *Borrelia burgdorferi*, but the actual disease always involves loss of the body's control of several different "co-infections" of virtually every microbial class, i.e., viral, mycoplasmal, fungal, parasitic.
- Toxins from the bacteria are actually the primary cause of all of your symptoms!
- Lifelong optimal health can be achieved even if every single Lyme spirochete in your body has not been killed.
- It is well recognized that the best natural or pharmaceutical antibiotics can at best only kill 85% of the target bacteria in the body.
- Antibiotics may do more harm than good. Antibiotics can activate bacteriophages (viruses) that infect the Lyme spirochetes and insert their toxin-generating genes into the bacterial chromosomes. These viruses can turn basically harmless bacterium into killers through this genetic sequencing of toxins by causing the bacteria to produce greater amounts of neurotoxins (nervous system poisons).
- The allopathic philosophy of medicine (antibiotics, etc.) often predisposes one to Post-Lyme Syndrome (PLS).
- After prolonged illness a person would not likely be symptom-free or truly healthy even if it were possible to kill every spirochete, because restoring health requires more than killing the bacteria.
- It is possible to have Lyme spirochetes and yet never manifest any symptoms.
- The unique symptoms experienced by an individual are from the microbes revealing a person's weakest, and therefore most vulnerable, areas in the body.
- High-powered microscopes have revealed that our bodies are a soup of innumerable and greatly unrecognized microbes. There are 20 times more microbes than cells in your body. Another way of saying this is that 90% of the cells in your body are microbes.
- A Herxheimer reaction (herx) is a sign of a poor treatment plan and is unnecessary. A herx greatly increases the toxic load on the body; at its worst it can kill an illness-weakened patient outright. A herx can temporarily or permanently disable the body, mind, and spirit.
- The sustained restoration of the optimal function and integrity of the body, mind, and spirit will naturally resolve any infection.
- No microbe can replicate at will or unchecked in a healthy body.
- A component in your blood called albumin is six times stronger than penicillin as a bacteriostatic (preventing microbial replication).
- Until the patient's body can maintain microbial balance without the help of medications, the patient will never reach the point of not needing the medications.
- Some of the best research facility laboratories report that they have rarely found any person's blood to be completely clear of spirochetes, even after every type of long-term natural or pharmaceutical intervention.
- Tick bites are not the only way to get Lyme Disease.
- Less than half the people diagnosed with Lyme Disease ever have a bulls-eye rash.