



Lyme Disease Symptoms

From *Beating Lyme Disease 2nd Edition: Living the Good Life in Spite of Lyme*

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This listing is not all-inclusive of symptoms you may experience.

Borrelia burgdorferi
 Babesia (babesiosis)
 Bartonella henselae
 Ehrlichia (Ehrlichiosis)
 Mycoplasma fermentans
 incognitus
 Check Your Symptoms

1	Abdominal pain		✓	✓			
2	Air hunger		✓				
3	Anemia		✓	✓	✓		
4	Anorexia				✓		
5	Anxiety	✓		✓		✓	
6	Back stiffness	✓	✓	✓			
7	Bites from infected ticks				✓		
8	Bladder dysfunction	✓					
9	Burning or stabbing sensations	✓					
10	Cardiac impairment	✓					
11	Change in bowel function	✓					
12	Chills		✓	✓	✓		
13	Chest pain	✓					
14	Confusion	✓			✓	✓	
15	Cough	✓	✓		✓		
16	Depression	✓	✓			✓	
17	Diarrhea		✓		✓		
18	Difficulty thinking	✓			✓	✓	
19	Difficulty with concentration and reading	✓				✓	
20	Difficulty with speech, writing	✓					

Lyme Disease Symptoms Continued...

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21	Difficulty finding words; name blocking	✓					
22	Disorientation: getting lost, going to wrong places	✓					
23	Disturbed sleep: too much, too little, fractionated, early awakening	✓		✓		✓	
24	Ears/Hearing: buzzing, ringing, ear pain, sound sensitivity	✓		✓			
25	Emotional lability	✓	✓			✓	
26	Encephalopathy	✓	✓	✓			
27	Endocarditis	✓		✓			
28	Exaggerated symptoms or worse hangover	✓					
29	Eyes/Vision: double, blurry, increased floaters, light sensitivity	✓					
30	Facial paralysis (Bell's palsy)	✓					
31	Fatigue, tiredness, poor stamina	✓	✓	✓	✓	✓	
32	Fevers		✓	✓		✓	
33	Forgetfulness	✓					
34	Gastrointestinal problems	✓			✓		
35	Headache	✓	✓	✓	✓	✓	
36	Heart block	✓					
37	Heart murmur	✓					
38	Heart palpitations	✓					

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39	Heart valve prolapse	✓					
40	Hemolysis		✓	✓			
41	Hepatomegaly (enlarged liver)		✓	✓			
42	Imbalance without true vertigo	✓	✓				
43	Immune deficiency	✓		✓			
44	Increased motion sickness	✓					
45	Insomnia	✓		✓		✓	
46	Irritability	✓				✓	
47	Irritable bladder	✓					
48	Jaundice			✓			
49	Joint stiffness	✓	✓			✓	
50	Joint pain or swelling	✓	✓	✓		✓	
51	Leukopenia, persistent				✓		
52	Light headedness	✓					
53	Liver enzymes elevated			✓	✓		
54	Lymph nodes swollen			✓		✓	
55	Malaise (generalized ill feeling)	✓	✓	✓	✓	✓	
56	Mood swings	✓				✓	
57	Muscle pain or cramps	✓	✓	✓	✓	✓	
58	Myalgias	✓	✓	✓	✓	✓	
59	Myocarditis	✓		✓			

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60	Nausea, vomiting		✓		✓		
61	Neck creaks & cracks	✓					
62	Neck stiffness, pain	✓	✓				
63	Night sweats	✓	✓			✓	
64	Numbness	✓				✓	
65	Papular or angiomatous rash			✓			
66	Paralysis	✓					
67	Pelvic pain	✓					
68	Poor appetite	✓	✓				
69	Poor attention/concentration	✓				✓	
70	Poor balance	✓				✓	
71	Poor short-term memory	✓				✓	
72	Problem absorbing new information	✓					
73	Pulse skips	✓					
74	Rib soreness	✓					
75	Rigors				✓		
76	Seizures (rarely)			✓			
77	Sexual dysfunction or loss of libido	✓					
78	Shaking chills		✓				
79	Shooting pains	✓					
80	Shortness of breath	✓	✓	✓			
81	Skin hypersensitivity	✓					

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82	Somnolence			✓		✓	
83	Sore throat	✓		✓			
84	Splenomegaly		✓	✓			
85	Swollen glands/lymph nodes	✓		✓		✓	
86	Testicular pain	✓					
87	Thrombocytopenia				✓		
88	Tingling	✓				✓	
89	Tibia pain, severe			✓			
90	Tremor	✓		✓			
91	Twitching of the face or other muscles	✓		✓			
92	Unavoidable need to sit or lay down	✓					
93	Unexplained breast pain	✓					
94	Unexplained fevers, sweats, chills or flushing	✓	✓				
95	Unexplained hair loss	✓					
96	Unexplained menstrual irregularity	✓					
97	Unexplained milk production	✓					
98	Unexplained weight loss / gain	✓					
99	Urine dark or with blood		✓				
100	Upset Stomach or abdominal pain	✓		✓			
101	Vertigo	✓					

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102	Weakness	✓	✓			✓	
103	Weight loss	✓	✓	✓		✓	
104	Wooziness	✓					

